



TAKE BACK YOUR LIVING SPACE



3 Quick Tricks to Get
Your House In Order

"Environment is to motivation what an embrace is to the heart..." -

How often have you been unable to finish or begin a task?

You may have heard it said that if you really want to accomplish something then your surroundings will not matter. Insinuating that sheer desire or willpower is all you need."... Well, I'm here to tell you that while some of this is true, it is not the complete story.

As it were, part of the actions that represent our desire to change, will be expressed in getting rid of the **things** that are holding us back once and for all and surrounding ourselves with only those items that inspire freedom in our lives.

If you've ever found yourself stuck because of the condition of your living space, you're not alone. Read on to learn how you can declare victory over your space and begin taking it back with these three quick tricks..

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Take Back Your Living Space will help you to get underneath the surface of your space, offering fun, quick solutions to get your house in order to make it a more efficient and productive space enabling you to do more!



You will learn what it takes to maintain a peaceful sanctuary that inspires growth. Get ready to take notes and apply these steps today!

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STEP 1

RESET IT

Getting stuck in the middle of life's messes, whether emotional or just our outright cluttered spaces is not something new. Piles of "to-do" items, things we plan to get to, wish list items and so on are not uncommon in our fast-paced culture and inundated lifestyles.

We simply do not have the habit of creating the boundaries needed to keep "crap" from inviting itself into our precious spaces. This is where the first step to taking our spaces back comes in.

To get out of this messy problem we need to "hit reset." This does not mean in the modern sense of the word. When we think of what it means to hit reset today, we are inclined to believe that it means to go back to what it looked like two days ago, two weeks ago, maybe even two years ago. But what reset really means is to start at zero.

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The number ZERO.

It is a GREAT number. A great starting place.

Somewhere along the way we began to ignore the idea of "zero", and make it almost mandatory to start with something. Any other number but zero will put us in the way of our own success.

If we cannot reach the number zero, it's because something has attached itself to us making it's home in our hearts and in our spaces... and more oftentimes than not, we know it! This has drawn out guilt in even our best efforts to simplify, and left us with a less than desirable attitude to actual resetting.

To reset, start with zero.

How do we do this?

We purge... unashamedly and noncommittally.

Find one space in your home that you deem sacred.

Clear everything out of it and do not allow any thing into it without a thorough evaluation process.

Evaluation Questions:

Is it useful to me now?

Will it be useful to me in the future?

How will I use this item to do more?

ACTION

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STEP 2

NAME IT

It's time to name your space. The idea behind naming something is that we get to speak out what becomes of that thing. So in naming a space we are reminding ourselves of what we want to happen in that space every time we refer to it. This becomes a tool of take back. Do not let this space be given over to anything that does not represent its name.

Its about vision. Naming your space will help you stick to what the purpose of that space is and will keep you from becoming overwhelmed with clutter that does not belong.

Naming something also gives light to it. It's the beginning of a story that will start with this one place that you intentionally chose to set apart for a specific purpose.

What's in a name?

The beginning, the end, the truth...

It's time to give your space a name. Start with a name that indicates what you would like to see accomplished in the use of this space.

Name-Storming...

Remember, we're starting with a small space. It could be a closet space, a corner, even a drawer. The point is to respect this new space by naming it.

ACTION

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STEP 3

ASSIGN IT

Assigning this space is just as important if not more so than naming our space. We need to create an objective for it. A desired outcome. And the outcome should have time constraints. This could be daily or weekly,

The difference between a name and an assignment is: task.

Assignment is attached to a task. Task is attached to a time frame.

Remember in the first step we hit the reset button and got rid of everything down to zero? Now, it's time to consider what activity will be the one activity this space is used for.

Take a moment to reflect on your name choices and then come up with a time frame in which the main task will be performed. Is it reading? When will you do it, for how long? Start to get a visual.

What and when?

What does successful use of this space look like?

Record three objectives that will be the outcome from the use of this space for its intended purpose.

Outcomes:

- _____
- _____
- _____

This includes personal change too!



ACTION

Own It

It's time to own your space. What that means is take responsibility for the overwhelm that has made it's way into your home: physical and mental.

Are you taking the specific steps needed to:

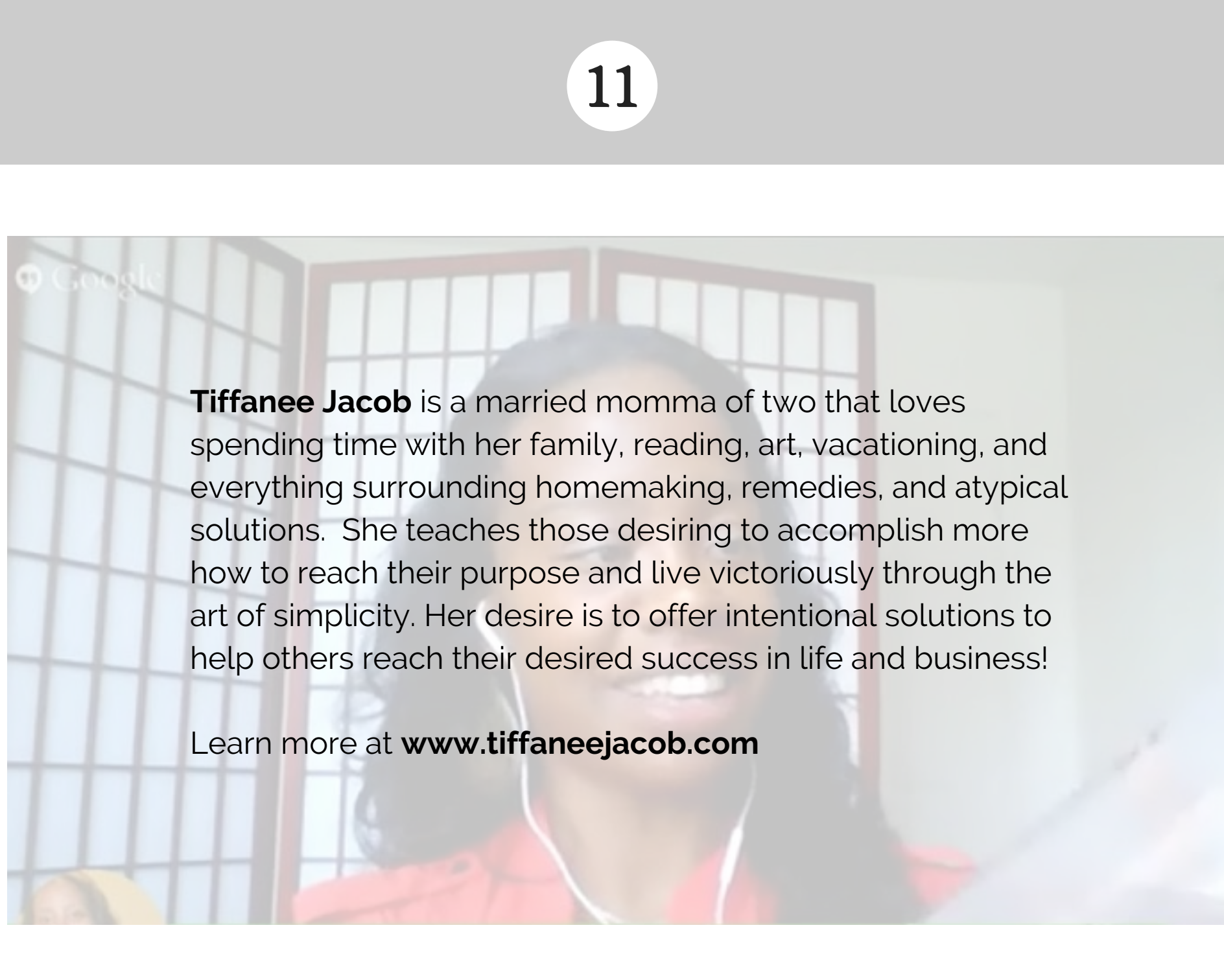
- get your space and thoughts clear
- get your finances and other things effected by overwhelm in order
- get control over those things slipping through your fingers

This guide is only the beginning. The next step is to improve by **simplifying in every area**. Focus on the things that will continue to shift your thinking in the right direction. Don't stop here... get intentional now. Learn more ...

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ReBoost Your Life, Reveal Your Purpose!

Cut through the clutter of the ordinary and monotonous and really bring to light the thing that truly motivates you! **Click here to register!**



Tiffanee Jacob is a married momma of two that loves spending time with her family, reading, art, vacationing, and everything surrounding homemaking, remedies, and atypical solutions. She teaches those desiring to accomplish more how to reach their purpose and live victoriously through the art of simplicity. Her desire is to offer intentional solutions to help others reach their desired success in life and business!

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