



Six Ways to
SIMPLIFY
YOUR LIFE AND
BUSINESS
NOW!



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If you are reading this right now, you are embarking on a journey that will change your life forever. After implementing the **Six Ways to Simplify Your Life and Business... Now**, you will be setting the platform to walk in a confidence that you never knew was available to you.

Get ready to look all of life's challenges straight in the eye without fear, because you will not only have a response to them, but a clear perspective. One anchored in simplicity. With each step you'll be ready to accept any challenge and take on new ones... ultimately revealing your true purpose.

The following six principles, when used together, will take you to your next place in discovering your victory. Get ready to set yourself up for true success... starting now!

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Way #1

Attitude

When something doesn't go exactly as planned by coming short of or even exceeding our expectations, the measure of our **attitude** always sets the stage for the next big thing. We must have a strategy. Our strategy IS our attitude.

Have we made it our aim to be intentional about the future? Will we be ready in time of a trial? These are things that help to check our attitude when something goes crazy in our life and/or business. And something always will....

More on attitude: click **here**.

Attitude Adjustment

Can you name one thing that has changed in your life or your business in the last five years.

Write it down.

What did it lead you to? Has this change inspired a new attitude?

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Way #2

Change

Love is the only thing that changes people. There are three ways to show love: **inspiration-ally, intentionally,** and **instruction-ally.**

When dealing with change in ourselves we can think of the showing up as the 'inspirational' part; being timely or taking notes as the 'intentional' part, and listening and follow through as the 'instructional' part.

Simplifying is usually about letting something go and in order to incorporate new, productive habits into our daily lives. Be inspired, intentional, and instructional, and change will occur.

Deliberate change takes courage. Read more, click **here**.

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Way #3

Desire

Have you heard that “sharing is caring?” More than that, sharing is freedom. Imagine this, you can have whatever you want, but you have to be willing to share all you have now. Would you agree to it? Again, you can have whatever you desire, but everything you own now, you must be willing to share. Would you do it?

If you would, then know this. Even with the anticipation of getting something in return, you've taken a major step toward simplicity... desire. Desire comes before sharing, before simplicity, it comes as the front-runner to many things.

Desire

What is your greatest desire?

Whatever you filled in above is the answer to your destiny. Start with this and learn to fill in the blanks as they come. One thing about desire is that it is a kindle to an everlasting flame of freedom. Freedom from things holding us back. Let it lead the way.

Learn the seven ways to uncover your desire **here**.

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Way #4

Focus

Do you like to daydream? With daydreaming sometimes we tend to tune out in areas where the information being relayed either seemed redundant or was just too challenging?

Daydreaming is used as a way of escaping. Do you know how to combat daydreaming. Writing. It helps us to narrow in on and pull out the important things, even within our daydreams. It gives flesh and bones to what may begin as a lofty idea. Daydreaming is wonderful, but with pen and paper in hand, it's called focus. An essential **weapon** for simplifying.

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Way #5

Vision

In order to live a life of simplicity we must have vision.

Our vision is determined by our sight. If we are in any way blind, we lack the sight to have a vision. If we lack sight then, we lack light.

While it is important to have a plan, it's even more important to have our sight clear. It is more important to have light.

What's your vision? Can you see it clearly?

Vision

Time to write! No limits. Write down everything that comes to your mind of what you want to be, do or have! (When you write, things come to light.) If you need more space. Grab another sheet of paper... keep going!

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Way #6

Accountability

We may need some real tools in order to see clearly. If you've ever felt like you needed direction in this... you may need a person our group to assist you in your quest.

Getting accountable helps us simplify by keeping at bay the convoluted feelings of doubt, anxiety, depression and more. It opens the doors of hope to a much more **focused** future. There is so much more available to us when we simplify by getting accountable. [Learn more.](#)

What's next?

The **Health & Beauty ReBoost** covers everything you need to start putting your wellness first. It is the best place to start getting accountable. Setting aside time to get in the best shape possible will allow you to do the things you love more often. This reboost is just the beginning to being able to feel good enough and start tackling every area you want to see a solid change and reveal the hidden potential. Get started today to realize your purpose through applying these healthy habits. [Click here to learn more.](#))

Tiffanee Jacob is a married momma of two, who loves spending time with family, reading, art, vacationing, and everything surrounding simplifying health, home and more. She shares her journey and walks with others through blogging and desiring to accomplish more through victorious living. Her desire is to become her personal best at home and in life and mutually help a few others along the way.

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